

MID STATE CONFERENCE 2003

Boys 100 Meter Dash

Meet: R 10.90 1994		Jeff Kobliska, Staples	
Tiel: 10.90 2001		Schneider, Detroit Lakes	
Name	Year School	Finals	H# Points
1 Manke, Rory	Detroit Lake	11.29	1 10
2 Taggart, Ryan	CIHS	11.99	1 8
3 Novak, Anthony	Park Rapids	12.01	2 6
4 Whittemore, Joe	Pine River-B	12.09	1 4
5 Huss, Dylan	Staples-Motl	12.11	1 3
6 Frisk, Tyler	Staples-Motl	12.18	1 2
7 Bower, Kevin	Park Rapids	12.19	2 1
8 Harstad, Nick	Detroit Lake	12.28	2
9 Baumann, James	Pequot Lakes	12.32	1
10 Wynn, Joe	CIHS	12.48	2
11 Craig, Kyle	Park Rapids	12.58	2
12 Whittemore, Josh	Pine River-B	12.60	3
13 Clasen, Chris	Pequot Lakes	12.76	1
14 Sargent, Dan	Pequot Lakes	12.78	2
15 haggarril, mike	Detroit Lake	12.85	1
16 Lachowitz, Evan	Wadena Deer	12.89	3
17 Zaffke, Jordan	Pine River-B	12.90	3
-- Peterson, Derek	Staples-Motl	DQ	2

Boys 200 Meter Dash

Meet: R 22.17 1993		Frank Schaap, Park Rapids	
Name	Year School	Finals	H# Points
1 Smith, Josh	Staples-Motl	23.58	1 10
2 Whittemore, Joe	Pine River-B	24.41	1 8
3 Taggart, Ryan	CIHS	24.82	1 6
4 Smith, Joe	Staples-Motl	25.00	1 4
5 Twigg, Joe	Detroit Lake	25.06	2 3
6 Baumann, James	Pequot Lakes	25.16	2 2
7 Lempola, J.T.	Park Rapids	25.25	1 1
8 Grondahl, Chris	Detroit Lake	25.32	1
9 Whittemore, Josh	Pine River-B	25.60	2
10 Schik, Dave	Park Rapids	26.04	2
11 Warner, Nathan	Staples-Motl	26.26	2
12 Hall, Brandon	Wadena Deer	27.32	3
13 Kish, Shawn	Pine River-B	27.43	2
14 Cooper, Chad	CIHS	28.09	3
15 Ludke, David	CIHS	53.61	3
-- Clasen, Chris	Pequot Lakes	DNF	2

Boys 400 Meter Dash

Meet: R 50.20 1985		Kent Fritze, Park Rapids	
Name	Year School	Finals	H# Points
1 Kelly, Aaron	Staples-Motl	53.39	1 10
2 Zubke, Brady	Park Rapids	54.32	1 8
3 Hay, Andy	Wadena Deer	54.71	1 6
4 Twigg, Joe	Detroit Lake	55.02	1 4
5 Horne, Dominick	Detroit Lake	55.52	1 3
6 Parker, Jon	Pequot Lakes	57.45	2 2
7 Mack, Nathan	Park Rapids	58.33	1 1
8 Griffith, Ben	Park Rapids	59.55	2
9 Crawford, Kaleb	Pine River-B	1:00.15	2
10 Gravidahl, Cody	Pequot Lakes	1:01.20	1
11 Unzeitig, Matt	CIHS	1:01.35	2
12 Wheeler, Brandon	Pine River-B	1:02.58	2
13 Kish, Shawn	Pine River-B	1:02.75	3
14 Patrick, Bailey	CIHS	1:04.94	3
15 Koch, Tim	Pequot Lakes	1:06.42	2
16 Kleineck, Mike	CIHS	1:06.55	3
-- Mertens, Andy	Staples-Motl	DQ	1

Boys 800 Meter Run

Meet: R 1:57.80 1989		Collin Beachy, Staples	
Name	Year School	Finals	Points
1 Frank, Will	Detroit Lake	2:02.97	10
2 Huebsch, Dan	Staples-Motl	2:07.56	8
3 Horne, Dominick	Detroit Lake	2:08.11	6
4 Jantzen, Rocky	Wadena Deer	2:09.00	4
5 Buchholz, Kyle	Detroit Lake	2:12.68	3
6 Anderson, Chris	Staples-Motl	2:13.68	2
7 Armstrong, Doug	Pequot Lakes	2:23.16	1
8 Buss, Patrick	Pequot Lakes	2:25.00	
9 Crawford, Kaleb	Pine River-B	2:27.99	
10 Leacox, Joe	Park Rapids	2:30.29	
11 Ledin, Corey	Pequot Lakes	2:31.93	
12 Wheeler, Steven	Pine River-B	2:36.43	
13 Hansen, Jeff	CIHS	2:39.36	
-- Steward, Dewayne	Wadena Deer	DQ	
-- Bristow, Travis	Pine River-B	DQ	
-- Postell, Dustin	Wadena Deer	DQ	

Boys 1600 Meter Run

Meet: R 4:19.60 1977		Tom Pollsena, Little Falls	
Name	Year School	Finals	Points
1 Frank, Will	Detroit Lake	4:32.17	10
2 Radinovich, Joe	CIHS	4:35.94	8
3 Freeman, Dan	Staples-Motl	4:37.00	6
4 Peterson, Ellis	Park Rapids	4:45.07	4
5 Huebsch, Dan	Staples-Motl	4:46.08	3
6 Bristow, Travis	Pine River-B	4:51.58	2
7 Buchholz, Kyle	Detroit Lake	4:51.62	1
8 Borden, David	CIHS	5:07.77	
9 Scott, Jake	Pequot Lakes	5:09.13	
10 Score, Matt	Detroit Lake	5:19.01	
11 Nachbar, Phil	Pequot Lakes	5:22.74	
12 Leacox, Joe	Park Rapids	5:30.69	
13 Jantzen, Rocky	Wadena Deer	5:32.76	
14 Severson, McLean	CIHS	5:33.19	
15 Kline, Matt	Pequot Lakes	5:37.01	
-- Puskarich, Brook	Wadena Deer	DQ	
-- Wheeler, Steven	Pine River-B	DQ	
-- Coy, Tim	Park Rapids	DQ	

Boys 3200 Meter Run

Meet: R 9:21.00 1983		Mark Lingle, Park Rapids	
Name	Year School	Finals	Points
1 Freeman, Dan	Staples-Motl	10:20.41	10
2 Reichel, Dave	Staples-Motl	10:22.31	8
3 Peterson, Ellis	Park Rapids	10:35.02	6
4 Puskarich, Brook	Wadena Deer	10:35.66	4
5 Brever, Chad	Staples-Motl	10:52.84	3
6 Haugen, Phil	Detroit Lake	10:54.51	2
7 Twigg, Zach	Detroit Lake	11:47.53	1
8 Ziegler, Jesse	Detroit Lake	11:48.49	
9 Scott, Jake	Pequot Lakes	12:18.00	
10 tiedeman, tim	Unattached	12:46.36	
11 Kline, Matt	Pequot Lakes	13:38.02	
-- Borden, David	CIHS	DQ	
-- Radinovich, Joe	CIHS	DQ	
-- Bristow, Travis	Pine River-B	DQ	

Boys 110 Meter Hurdles

Meet: R 14.49 1996		Craig Fredrickson, Detroit Lakes	
Name	Year School	Finals	H# Points

1	Thede, Torben	Detroit Lake	16.30	1	10
2	Robinson, F	CIHS	16.56	1	8
3	Manke, Rory	Detroit Lake	17.20	1	6
4	Asfeld, Eric	Wadena Deer	17.57	1	4
5	Berry, Lem	Staples-Motl	18.03	1	3
6	Spar, Ben	Staples-Motl	18.42	1	2
7	Craig, Kyle	Park Rapids	18.65	2	1
8	Frankburg, Mike	Detroit Lake	18.73	1	
9	Warmbold, Jerry	Park Rapids	20.69	2	
10	Hummel, Marc	Pequot Lakes	20.70	1	
11	Warner, Nathan	Staples-Motl	21.01	2	
12	Bittner, Allen	Pequot Lakes	21.15	2	
13	McBrady, Jared	Park Rapids	22.55	2	

Boys 300 Meter Hurdles

Meet: R 39.00 1984 Jay Jorgenson, Detroit Lakes					
Name	Year	School	Finals	H#	Points
1	Manke, Rory	Detroit Lake	42.61	1	10
2	Asfeld, Eric	Wadena Deer	44.27	1	8
3	Berry, Lem	Staples-Motl	44.38	1	6
4	Frankburg, Mike	Detroit Lake	44.48	1	4
5	Spar, Ben	Staples-Motl	45.41	1	3
6	Hiembuch, Rene	Detroit Lake	46.50	1	2
7	Johnson, Sam	Pine River-B	46.54	1	1
8	Warner, Nathan	Staples-Motl	47.95	2	
9	Hansen, Mike	CIHS	49.25	2	
10	Schik, Dave	Park Rapids	50.39	2	
11	varilek, trevor	Pequot Lakes	51.45	1	
12	Hummel, Marc	Pequot Lakes	52.09	2	
13	Warmbold, Jerry	Park Rapids	53.49	2	
14	McBrady, Jared	Park Rapids	54.72	2	

Boys 4x100 Meter Relay

Meet: R 44.50 1981 CI, Crosby-Ironton					
D.Proch-J.Theibault-M.Engen-T.Sorenson					
School	Finals	Points			
1	Park Rapid	47.78	10		
1) Lempola, J.T.				2) Novak, Anthony	
3) Bower, Kevin				4) Craig, Kyle	
2	Detroit Lakes	48.11	8		
3	Staples-Motley Cardinals	48.51	6		
4	Pequot Lakes High School	49.11	4		
1) Koslofsky, Ryan				2) Clasen, Chris	
3) Goerges, Dan				4) Baumann, James	
5	Wadena Deer Creek	49.35	2		
--	Crosby-Ironton Rangers	DQ			
1) Wynn, Joe				2) Hamilton, Nathan	
3) Kleineck, Mike				4) Stokman, Jim	
--	Pine River-Backus	DQ			

Boys 4x200 Meter Relay

Meet: R 1:33.10 2000 Park Rapids, Park Rapids					
Seth Hove-Mitch Highman-Anthony Novak-Ryan Damlo					
School	Finals	Points			
1	Staples-Motley Cardinals	1:35.02	10		
2	Park Rapid	1:38.80	8		
1) Lempola, J.T.				2) Novak, Anthony	
3) Bower, Kevin				4) Schik, Dave	
3	Detroit Lakes	1:41.57	6		
4	Pequot Lakes High School	1:43.60	4		
1) Bittner, Allen				2) Goerges, Dan	
3) Parker, Jon				4) Lundgren, Teddy	
5	Crosby-Ironton Rangers	1:49.44	2		
1) Kleineck, Mike				2) Hansen, Mike	
3) Cooper, Chad				4) Cousins, Nathan	
--	Pine River-Backus	DQ			

Wadena Deer Creek

DQ

Boys 4x400 Meter Relay

Meet: R 3:26.70 1983 S-M, Staples-Motley					
S.Grove-K.Johnson-R.Howard-D.Howard					
School	Finals	Points			
1	Staples-Motley Cardinals	3:36.70	10		
2	Wadena Deer Creek	3:43.08	8		
3	Detroit Lakes	3:47.78	6		
4	Park Rapid	3:51.89	4		
1) Griffith, Ben				2) Bloom, Brad	
3) McDowell, Mac				4) Mack, Will	
5	Crosby-Ironton Rangers	3:56.29	2		
1) Taggart, Ryan				2) Stokman, Jim	
3) Kirzeder, Tom				4) Robinson, Parker	
6	Pequot Lakes High School	4:12.31	1		
1) Gravdahl, Cody				2) Koch, Tim	
3) Soukup, Mike				4) Parker, Jon	

Boys 4x800 Meter Relay

Meet: R 8:17.40 2000 S-M, Staples-Motley					
P. Mayareski-R. Klingman-S. Webster-Kurt Detloff					
School	Finals	Points			
1	Wadena Deer Creek	8:41.33	10		
2	Staples-Motley Cardinals	8:53.71	8		
3	Detroit Lakes	9:15.59	6		
4	Crosby-Ironton Rangers	9:58.81	4		
1) Kirzeder, Tom				2) Hansen, Jeff	
3) Patrick, Bailey				4) Severson, McLean	
5	Pequot Lakes High School	10:02.61	2		
1) Buss, Patrick				2) Armstrong, Doug	
3) Sargent, Dan				4) Ledin, Corey	

Boys High Jump

Meet: R 6-05.50 2002 Parker Robinson, Crosby-Ironton					
Name	Year	School	Finals	Points	
1	Robinson, Parker	CIHS	6-05.00	1.95m	10
2	Thede, Torben	Detroit Lake	6-00.00	1.82m	8
3	Stanley, Eric	Detroit Lake	5-09.00	1.75m	6
4	Koch, Tim	Pequot Lakes	5-06.00	1.67m	3.5
4	Lundgren, Teddy	Pequot Lakes	5-06.00	1.67m	3.5
5	Spar, Ben	Staples-Motl	J5-06.00	1.67m	2
6	Doll, Nick	Staples-Motl	J5-06.00	1.67m	1
7	Hiembuch, Rene	Detroit Lake	J5-06.00	1.67m	
8	Millard, Paul	Pequot Lakes	J5-03.00	1.60m	
9	Craig, Kyle	Park Rapids	5-03.00	1.60m	
9	Bloom, Brad	Park Rapids	5-03.00	1.60m	
9	Cary, Matt	Wadena Deer	5-03.00	1.60m	
13	Warner, Nathan	Staples-Motl	5-00.00	1.52m	
--	Hansen, Mike	CIHS	DQ		

Boys Pole Vault

Meet: R 14-02.50 1979 Tony Spandl, Staples					
Name	Year	School	Finals	Points	
1	Stokman, Jim	CIHS	12-00.00	3.65m	10
2	Ryan, Billy	Park Rapids	11-06.00	3.50m	8
3	Goerges, Dan	Pequot Lakes	J11-06.00	3.50m	6
4	Olson, BJ	Wadena Deer	11-00.00	3.35m	4
5	Koch, Tim	Pequot Lakes	10-06.00	3.20m	3
6	Reese, Brian	Staples-Motl	9-06.00	2.89m	1.5
6	Bittner, Allen	Pequot Lakes	9-06.00	2.89m	1.5
8	Cousins, Nathan	CIHS	J9-06.00	2.89m	
9	Thede, Torben	Detroit Lake	9-00.00	2.74m	
--	Haugen, Phil	Detroit Lake	NH		

Boys Long Jump

Meet: R 21-09.50 1987 Shawn McDougal, Detroit Lakes

Name	Year	School	Finals	Points
1 Thede, Torben		Detroit Lake	20-09.00	6.32m 10
2 Smith, Josh		Staples-Motl	20-05.00	6.22m 8
3 Kelly, Aaron		Staples-Motl	19-09.00	6.01m 6
4 Bower, Kevin		Park Rapids	19-02.75	5.86m 4
5 Gress, Tyler		Wadena Deer	18-11.50	5.77m 3
6 Grondahl, Chris		Detroit Lake	18-06.25	5.64m 2
7 Hall, Brandon		Wadena Deer	18-05.00	5.61m 1
8 Gravadahl, Cody		Pequot Lakes	17-11.00	5.46m
9 Bloom, Brad		Park Rapids	17-01.50	5.21m
10 Lundgren, Teddy		Pequot Lakes	16-10.00	5.13m
11 Warmbold, Jerry		Park Rapids	16-04.75	4.99m
12 Pilgrim, Beau		Staples-Motl	16-02.00	4.92m
13 Kline, Matt		Pequot Lakes	16-00.00	4.87m
14 Kleineck, Mike		CIHS	14-10.00	4.52m

Boys Triple Jump

Meet: R 44-01.50 1987 Arden Beachy, Staples

Name	Year	School	Finals	Points
1 Robinson, Parker		CIHS	41-05.00	12.62m 10
2 Taggart, Ryan		CIHS	40-10.00	12.44m 8
3 Baumann, James		Pequot Lakes	39-08.00	12.09m 6
4 Doll, Nick		Staples-Motl	39-07.50	12.07m 4
5 Hiembuch, Rene		Detroit Lake	38-07.00	11.76m 3
6 Grondahl, Chris		Detroit Lake	38-05.00	11.70m 2
7 Lempola, J.T.		Park Rapids	38-04.50	11.69m 1
8 Peterson, Derek		Staples-Motl	37-04.50	11.39m
9 Johnson, Sam		Pine River-B	35-07.00	10.84m
10 Kline, Matt		Pequot Lakes	32-09.00	9.98m
11 Hansen, Mike		CIHS	30-08.00	9.34m
11 Soukup, Mike		Pequot Lakes	30-08.00	9.34m

Boys Shot Put

Meet: R 56-02.50 1988 Matt Vardas, Pierz

Name	Year	School	Finals	Points
1 Fox, Paul		Pequot Lakes	42-11.50	13.09m 10
2 Berry, Lem		Staples-Motl	41-11.50	12.78m 8
3 Brenna, Dave		Staples-Motl	40-08.75	12.41m 6
4 Wynn, Joe		CIHS	40-07.00	12.36m 4
5 Twigg, Joe		Detroit Lake	38-06.00	11.73m 3
6 Brenna, Jon		Staples-Motl	37-08.00	11.48m 2
7 Jordan, Joey		Pequot Lakes	35-11.75	10.96m 1
8 Hachfeld, Tim		Detroit Lake	35-11.00	10.94m
9 Koslofsky, Ryan		Pequot Lakes	34-10.50	10.62m
10 Christiansen, Kyle		Park Rapids	34-03.50	10.45m
11 Richards, Tim		Wadena Deer	34-01.50	10.40m
12 Miller, Ryan		Park Rapids	33-11.25	10.34m
13 Mack, Will		Park Rapids	33-08.00	10.26m
14 Cousins, Nathan		CIHS	33-07.00	10.23m
15 Hamilton, Nathan		CIHS	31-05.25	9.58m
16 Eidenschink, Nate		Detroit Lake	30-07.00	9.32m
17 Shultz, Justin		Wadena Deer	29-06.25	8.99m
18 Gearey, Steve		Pine River-B	29-05.25	8.97m

Boys Discus Throw

Meet: R 165-04 1999 T.J. Johnson, Detroit Lakes

Name	Year	School	Finals	Points
1 Berry, Lem		Staples-Motl	127-00	38.70m 10
2 Fox, Paul		Pequot Lakes	124-08	37.99m 8
3 Hachfeld, Tim		Detroit Lake	116-10	35.61m 6

4 Brenna, Dave	Staples-Motl	113-07	34.60m	4
5 Manke, Rory	Detroit Lake	112-09	34.00m	3
6 Wynn, Joe	CIHS	110-11	33.00m	2
7 Mailand, Matt	Pequot Lakes	106-08	32.51m	1
8 Koslofsky, Ryan	Pequot Lakes	106-01	32.33m	
9 Miller, Ryan	Park Rapids	100-05	30.60m	
10 Christiansen, Kyle	Park Rapids	100-03	30.55m	
11 Richards, Tim	Wadena Deer	100-02	30.53m	
12 Johnson, Dan	Detroit Lake	99-05	30.30m	
13 Mack, Will	Park Rapids	96-04	29.36m	
14 Gearey, Steve	Pine River-B	81-08	24.89m	
15 Shultz, Justin	Wadena Deer	80-00	24.38m	
16 Unzeitig, Matt	CIHS	74-08	22.75m	
17 Hamilton, Nathan	CIHS	72-10	22.19m	
18 Brenna, Jon	Staples-Motl	72-08	22.14m	
-- Lysdahl, Foster	Wadena Deer		DQ	

Women - Team Rankings - 18 Events Scored

1) Detroit Lakes	182.50	2) Staples-Motley Cardinals	137
3) Park Rapids	73	4) Pequot Lakes High School	72
5) Wadena Deer Creek	57	6) Crosby-Ironton Rangers	44
7) Pine River-Backus	33.50		

Men - Team Rankings - 18 Events Scored

1) Staples-Motley Cardinals	169.50	2) Detroit Lakes	154
3) Crosby-Ironton Rangers	82	4) Park Rapid	63
5) Pequot Lakes High School	59.50	6) Wadena Deer Creek	54
7) Pine River-Backus	15		